We would like to thank the Department of Kinesiology for their support of the dance program servicing teacher education, the performing arts, and the student body at large through academic classes as well as student organizations. The Dance Program encourages the many diverse communities that seek out and prosper through their study of dance.

We would also like to thank the Theatre Department for all their help producing this virtual show during the pandemic.
Artistic Director’s Note:

Welcome and thank you for joining Orchesis I Dance Company this evening in a unique Barjché production experience.

No doubt in 1944, when three Iowa State University students, Barbara, Jean and Charlotte, combined their names for the first ISU modern dance concert, Barjché’, (pronounced bar-shay), would they have ever imagined a dance performance in this way.

Probably, most of us couldn’t have either before March of 2020. Yet, here we are connecting, dancing and creating art and sharing in our humanity.

Since its origin 77 years ago, Barjché has become an annual modern dance performance produced by the Orchesis I Dance Company and ISU Dance Program. The theme for Barjché 2021 celebrates reunions and coming together and our connectivity. Each choreographer has been inspired by connectivity in some way to approach creating their dance.

While the dance making process and presentation had to change and adapt with the pandemic this year, the need to connect and come together on meaningful levels has not. Despite the layers of barriers, masks, screens and sometimes miles, these young dance artists came together to continue dancing and sharing a part of themselves that connects them to their peers, humanity and you the audience.

“The world is so empty if one thinks only of mountains, rivers & cities; but to know someone who thinks & feels with us, & who, though distant, is close to us in spirit, this makes the earth for us an inhabited garden.” - Goethe

Please sit back and enjoy the show. We look forward to seeing you all in the theater again soon. Thank you for supporting the arts. Your support is needed more than ever right now!

Cynthia Adams
Artistic Director -Barjché
Associate Teaching Professor -Dance

1. Seasons
Choreographer: Katie Teeling
Dancers: Curran Birdwell, Natalie Davis, Delaney Eiteman, Mya Fisher, Anne Fritsch, Alex Geary, Edméé González, Maddie Landahl, Lauren Meinel, Beth Michels, Molly Niebergall, Myra Patton, Galaxie Pendleton, Megan Pinney, Maya Prebil, Sarah Rasavanah, Dani Steffes, Haylie Sumner-Lindberg, Tatum Vermeer
Music: The Winner Is by Devotchka
Lighting Designer: Will Coeur

2. Tied to the Ship
Choreographer: Katie Teeling
Dancers: Katie Teeling
Music: Comptine d’un autre été by Yann Tiersen
Lighting Designer: TJ Mack

3. Theory of the Unconscious
Choreographer: Tatum Vermeer
Dancers: Mya Fisher, Galaxie Pendleton, Maya Prebil, Tatum Vermeer
Music: Hold Tight by Jamie XX
Set Designer: Natalie Hining
Lighting Designer: Jackson Newhouse

4. Tribute (Screendance)
Choreographer: Cynthia Adams
Performance & Video: Jose Manuel Perez Gonzalez (ISU alumni filmed in Spain)
Music: Cello Solo by Laurie Anderson
Note: In memory of Donald Moyer, mentor and yoga teacher. (7/9/39-11/7/19)

5. Faith
Choreographer: Edméé González
Dancers: Lauren Meinel & Dani Steffes
Music: Infra 5
Lighting Designer: Rachel Ward

6. In My Head
Choreographer: Haylie Sumner-Lindberg
Dancers: Anne Fritsch, Sarah Rasavanah, Haylie Sumner-Lindberg, Katie Teeling
Music: Darcy’s Room by R.I.P, Mommy by R.I.P
Lighting Designer: Brandon Lemme

Technical Crew
Technical Director: Natalie Hining
Production Coordinator: Will Coeur
Stage Manager/Light Board: Nathaniel Markaz-Barreto
Sound Board/Video Operator: Will Coeur
Lighting Designers: Will Coeur, TJ Mack, Rachel Ward, Brandon Lemme, Jackson Newhouse
Stage Crew: Abbigail Markus
7. **Circle (Zoom dance)**
   **Choreographer:** Cynthia Adams
   **Dancers:** Jose Perez Gonzales & Dani Steffes
   **Music:** *We Insist* by Zoe Keating
   **Note:** I wrote the text March 12, 2020 the last day of in person classes with my ISU students in the Spring Semester. The piece was filmed in Ames, Iowa, with Jose in Jerez, Spain and Dani in Mapleton, Iowa.

8. **Linked For Life**
   **Choreographer:** Alex Geary
   **Dancers:** Curran Birdwell, Alex Geary, Maddie Landahl, Sarah Rasavanh
   **Music:** *Be Brave* by Owl City
   **Lighting Designer:** Rachel Ward

9. **Round Again**
   **Choreographer:** Dani Steffes
   **Dancers:** Mya Fisher, Megan Phinney, Dani Steffes, Katie Teeling
   **Music:** *Bomb* by Black Rose Beatz
   **Lighting Designer:** Brandon Lemme

10. **Choosing My Adventure (Screendance)**
    **Choreographer:** Beth Michels
    **Dancers:** Natalie Davis, Mya Fisher, Beth Michels, Molly Niebergall, Maya Prebil, Katie Teeling
    **Music:** *Experience* by Ludovico Einaudi
    **Video Editor:** Beth Michels

11. **Chain-Link**
    **Choreographer:** Cynthia Adams & Dancers
    **Dancers:** Natalie Davis, Alex Geary, Edméé González, Maddie Landahl, Lauren Meinel, Beth Michels, Megan Phinney, Maya Prebil, Dani Steffes, Haylie Sumner-Lindberg, Katie Teeling
    **Music:** *Sun Will Set* by Zoe Keating
    **Note:** *Chain-Link* was created using the techniques based on the writing or drawing game, *Exquisite Corpse*, that dates back to the Parisian Surrealist Movement.
    **Lighting Designer:** TJ Mack

12. **Inclined to Fade (Screendance)**
    **Choreographer:** Curran Birdwell
    **Dancers:** Curran Birdwell & Lauren Meinel
    **Music:** Original music by Curran Birdwell
    **Video Editor:** Curran Birdwell

13. **On Enjoying and Suffering the Passions**
    **Choreographer:** Lauren Meinel
    **Dancers:** Curran Birdwell, Lauren Meinel, Maya Prebil, Sarah Rasavanh
    **Music:** *Begin the Beguine* by Artie Shaw, *LJ* by Travis Lake
    **Lighting Designer:** Will Coeur

14. **Minty Bit Bits**
    **Choreographer:** Megan Phinney
    **Dancers:** Edméé González, Galaxie Pendleton, Megan Phinney, Dani Steffes
    **Music:** *Singin in the Rain*, *Chicago Entr’acte*, *Epilogue (La La Land)* by Justin Hurwitz
    **Lighting Designer:** Jackson Newhouse

15. **Finale**
    **Choreographer:** Beth Michels, Haylie Sumner-Lindberg, Tatum Vermeer, Katie Teeling
    **Dancers:** Curran Birdwell, Natalie Davis, Delaney Eiteman, Mya Fisher, Anne Fritsch, Alex Geary, Edméé González, Maddie Landahl, Lauren Meinel, Beth Michels, Molly Niebergall, Myra Patton, Galaxie Pendleton, Megan Phinney, Maya Prebil, Sarah Rasavanh, Dani Steffes, Haylie Sumner-Lindberg, Tatum Vermeer, Katie Teeling
    **Music:** *Singin in the Rain Remix* by Twenty Below Music
    **Lighting Designer:** Will Coeur
Megan,
You know how much I love watching you dance! Even though it isn't in person I will be watching. I am so proud of you!!
Love you, Grandma

Megan,
This past year has been such a different dance experience for you. I'm so glad that you have continued to be able to do what you love safely. Although we will be watching you virtually this year, we will be cheering you on just the same.
Good luck! Mom

Alex,
We love to watch you create art with your dancing!
Love, Mom and Dad

Dani,
We are so proud of you and have loved watching you dance all these years!
Love, Mom and Dad

Dani,
Always enjoy watching you dance!
Love, Grandma and Grandpa

Dani,
Good luck!
Love, Grandma and Grandpa

Edméé:
Your family is very proud of your accomplishments. Dance with your heart.
From: Dad, Mom, Alejandra, Abu, and Tata

Beth,
19 years of dance! Wow! We LOVE watching you on stage...or video and live stream! So proud that you met the challenge this year, your efforts paid off! Cheers!
We love you, Mom and Dad
Choreographer Biographies

Name: Katie Teeling  
Major: Psychology and Political Science  
Year: Senior  
Theme: The theme of the all cast piece is connecting your past life to your current life. The piece is about finding ways to take the hardships of your past and apply the knowledge you have gained to your current life. Its focus is on how that process does not always have to be heavy or negative, and can bring strength and light into your life. Conversely, my solo piece is about a lost connection between a family and the sadness and confusion that you face in that situation.  
Favorite part of Barjché: My favorite part of Barjche is the days of tech rehearsals leading up to the show. I love to see the show come together on stage, and I love the sense of togetherness I feel with the entire team that puts on this show.

Name: Beth Michels  
Major: Family Consumer Sciences and Education  
Minor: Event Management  
Year: Senior  
Theme: The theme for my piece this year is the connectivity we all have by going to Iowa State. We all get to choose our own adventure, but we all get to connect with each other through the love of Iowa State and the love of dancing.  
Favorite part of Barjché: My favorite part of Barjche is Dress Rehearsal night where we finally get to see the show all the way through with lights and costumes for the first time.

Name: Tatum Vermeer  
Major: Liberal studies  
Year: Senior  
Theme: Connections and disconnections  
Favorite part of Barjché: Making new friends and creating

Name: Haylie Sumner-Lindberg  
Major: Psychology  
Minor: Women and Gender Studies  
Year: Senior  
Theme: Each person's individual struggle can lead them to be more empathetic and compassionate towards others and allows a sense of connection to those with similar struggles.

Name: Curran Birdwell  
Major: Computer Science  
Year: Senior

Name: Dani Steffes  
Major: Graphic Design  
Year: Junior  
Theme: Cycle of meeting and connecting with people.  
Favorite part of Barjché: My favorite part of Barjché is hanging out, getting ready, and dancing with everyone. It’s great being around these amazing people and doing what we love!

Name: Megan Phinney  
Major: Computer Engineering  
Year: Junior  
Theme: "Joy is what happens to us when we allow ourselves to recognize how good things really are" - Marianne Williamson  
Favorite part of Barjché: being locked in fisher with all my favorite people
Name: Alex Geary  
Major: Animal Science, Pre-Vet  
Year: Junior  
Theme: This dance is about the important connections that I’ve made throughout my life.  
Favorite part of Barjché: Being able to choreograph and perform.

Name: Lauren Meinel  
Major: Elementary Education  
Year: Sophomore  
Favorite part of Barjché: Performing!!

Name: Edméé González  
Major: French  
Year: Sophomore  
Theme: Faith  
Favorite part of Barjché: My favorite part of Barjché is the group dance

Cynthia Adams (Artistic Director) is originally from New England and began dancing at an early age. She completed her Bachelor's of Science in Pre-Dance Therapy from New York University and earned her Masters in Choreography/Performance from the University of California, Los Angeles. Upon graduating Cynthia spend the next 20 years being involved in the San Francisco Bay Area Dance Scene, where she helped form and became co-artistic director of Fellow Travelers Performance Group (FTPG). FTPG created over 70 dances and received numerous awards, grants and residencies as well as performing nationally and internationally. In addition to choreographing and performing with FTPG, Ms. Adams performed professionally, touring with Kei Takei’s Moving Earth, Dziga Vertov Performance Group, Project Bandaloop, Heidi Duckler’s Collage Dance Theater, and Li Chiao-Ping Dance among others. Ms. Adams is an Experienced Registered Yoga Teacher (E-RYT) through the Yoga Alliance national organization and a certified Pilates instructor. She joined Iowa State University Department of Kinesiology in the fall of 2010 and is Associate Teaching Professor in Dance. In addition to teaching all levels of Modern, Ballet, Dance Composition, Sound and Movement, Philosophy and History of Dance, and Yoga, Cynthia is the adviser for the modern dance student company Orchesis I, and Artistic Director for their annual productions. She is also responsible for coordinating visiting guest artists and touring 20 students the North-Central Regional American College Dance Association. In 2015 ISU hosted ACDA which Cynthia acted as assistant organizer. Her work was chosen for Iowa State University’s Foundation Campaign at the Hilton Coliseum. Cynthia has continued to show new works the past few years in Ames, Des Moines and Iowa City, IA, Madison, and Milwaukee, Wisconsin, and Duluth, Minn., Brooklyn, New York, and Nashville.
Come see us April 17th for our student produced show!

@isuorchesis1dancecompany

ISU Orchesis I Dance Company