

**Elemental Stories: Choral Theatre at the Fringe**  
**Fisher Theater**  
**7:30 p.m., Sunday, May 4, 2025**

**PROGRAM ORDER**

Trilo ..... Swedish Folk Song, arr. Bengt Ollén

*Director: Rylee Forman*

*Choreographer: Emma Lea Werling*

She Sang the Stars ..... Sarah Quartel

1. Start off Singing
2. Water-Mother
3. She Ran
4. Stealing Fire
5. Song of the Stars

Aesops Fables ..... Bob Chilcott

*Art Designer and Lighting Director: Amelia Shafer*

1. The Hare and the Tortoise
2. The Mountain in Labour
3. The Fox and the Grapes
4. The North Wind and the Sun
5. The Good and the Swan

Elements ..... Katerina Gimon

*Director: Amelia Shafer*

*Choreographer: Emma Lea Werling*

1. Earth
2. Air
3. Fire
4. Water

**PROGRAM NOTES AND TRANSLATIONS**

**Trilo** (*combined ensembles*)

On the western Swedish coast, those on land waited on the rocks and watched for fishing boats out to sea for weeks or months at a time. It is said this song was sung at the first glimpse of their return, bearing loved ones and critical supplies.

*Here he is! Near land!*

**She Sang the Stars** (*Cantamus and Lyrica*)

This five-movement new work by Sarah Quartel tells stories inspired by three women characters from the Finnish epic poem the *Kalevala*. Ilmater – the ‘Water-Mother’ who steps down from the sky to the sea and carries the child of tempest for centuries. Lempi – who uses all her shape-shifting powers to search for her lost son, her ‘staff of silver.’ And Louhi – the wise and strong matriarch, often mistaken as a witch, who demonstrates her command of the elements to seek justice against those who have wronged her.

The final movement honors the stars and constellation always present in the *Kalevala*, particularly Ursa Major (the Great Bear).

**Aesops Fables** (*Ames Chamber Artists*)

Lush settings of five classic morality tales, each paired with a theatrical version using digital shadow puppetry

**The Elements** (*combined ensembles*)

The four elements are given a soundscape treatment to evoke the sight and sound of each one's qualities. Extended vocal techniques, including overtone singing and vocal percussion, are used in layers. Lyrics are non-existent except in "Air" which speaks uses eight languages saying the words "air, wind, breath."

**CAST AND CREDITS**

Concept Team: Rylee Foreman, Jennifer Rodgers, Amelia Shafer, Emma Lea Werling

Lighting Designer: Amelia Shafer.

Lighting Board operator: Will Coeur.

Dancers: Abby Silliti, Emma Kelley, Kenzie Henningsen, Lindsey Elias

Pianists: Amanda Jennings, Ian Lewis

**CANTAMUS**

**SOPRANO**

Erin Barnes	Emmalea Kling
Brooke Bausch	Claire Kruesel
Ashley Beagle	Madeline Medvec
Ellie Beagle	Arianna Lear
Temperance Borey	Maya Neverman
Jax Bukalski	Rae Norman
Sarah Carr	Phoenix Nystrom
Anabella Christianson	Alyssa Olson
Mizzan Dollisso	Lindsey Jo Schmitt
Elliana Fahey	Styx Sievers
Nina Fontanella	Anna Spahn
Jessica Gorre	Meredith Tigges
Kyrstin Holmes	Anna Tyler
Tarot Huetter	Alisha Unick
Sydney Hyzy	Avery Wagaman
Erin Johnson	Emma Whynacht

**ALTO**

Thea Alex	Claire Kehoe
Odosa Amadasun	Kathryn Limas
Amanda Beckett	Madison Mayfield
Lily Hammer-Beerends	Kalam Mester
Keely Bell	Lydia Papiboune
Anna Campbell	Lottie Peterson
Carmen Chan	Megan Richter
Ava Ciavarelli	Nora Salek
Lilyann Downard	Annika Sanden
Sydney Fogel	Amelia Schroeder
Alyssa Hench	Amelia Shafer
Marie Hohisel	Abigail Thompson
Mallory Homzik	Elizabeth Topf
Amanda Hulstein	Macy Joan Underwood
Hope Kading	Kiersten Van Horn
Meghan Kalapp	

**LYRICA**

**SOPRANO**

Catherine Cave	Brenna Kruse
Elle Chickering	Claire Lewis
Emily Cox	Emily Moritz
Hayden Dillon	Madison Pedraza Gargurevich
Mira Dreyer	Carter Rooney
Mallory Flynn	Morgan Sparks
Nikki Halferty	Ella Walz'
Lilly Johnson	

**ALTO**

Ava Bernier	Payton Littrell
Courtney Block	Natalie Makuch
Karina Buls	Erin Louise McAninch
Madison Davidson	Amaya Peterson
Louis Fisher	Aleena Rosacker
Melisa Garcia	Madison Sittler
Kaitlyn George	Fernanda Tejada
Madison Jensen	Nora Titus
Victoria Kabere	Caitlin Wood

## **AMES CHAMBER ARTISTS**

### **SOPRANO**

Brenda Cowan  
Olivia Cutler  
Klaire DeVos  
Peggy Dieter  
Meredith Francom  
Connie Hardy  
Sonia Johnson  
Deb Kline  
Lesley Lackore  
Lexie Magner  
Karen Mullaney  
Mary Lyn Sailor  
Barbara Schendel  
Mary Ann Shao  
Anne Shelley  
Rachael Sloan  
Kathy Slocum  
Kathy Van Pelt  
Valerie Williams

### **ALTO**

Karen Bates  
Jane Bloodworth  
Heather Botine  
Alisha Bower  
Ronnie Fisher  
Nancy Gregory  
Leslie Kawaler  
Claire Krüesel  
Jan Larson  
Cygnus MacIntosh  
Constance Moehlman  
Ginny Molgaard  
Mary Pepper  
Cathy Simpkins  
Amy Slagell  
Jeni Sloan  
Chelsea Strong  
Shannon Taylor  
Ruth Waite

### **TENOR**

Ken Clark  
Jamie Dimond  
Adam Gordon  
Dan Haug  
Tim Hoekstra  
Kirin Martin  
Gordon Moen  
Marcus Ryan  
Dean Stickrod  
Joe Strong  
Tanner Stutzman

### **BASS**

Louis Banitt  
Reid Barker  
Kerry Gibson  
Larry Gleason  
Zach Heilman  
Caleb Helgerson  
Paul Hertz  
Chris Johnson  
Brad Larson  
Bruce Martin  
Ray Olson  
John Pleasants  
David Russell  
Bill Simpkins  
Zac Sjoberg  
Ben Woline