IOWA STATE UNIVERSITY
2013 CYCLONE MARCHING BAND HANDBOOK

DIRECTORS and INSTRUCTORS

Dr. Michael Golemo  Chair, Department of Music
                    Director of Bands

Mr. Steven Smyth   Associate Director of Bands
                    Director, Cyclone Marching Band

Dr. Erik Richards  Assistant Director of Bands

Scott Szurek       Drumline Instructor

Jennifer Sobotka  Guard Coordinator

Emily Bright      Feature Twirler Coordinator

STAFF

John Burnett-Larkins  Announcer
Eric Boetcher, Molly Fenske, Matt Harvey, Collin McLaughlin, Lauren Schwab
Josh Straquadine, Michael Stinn, Holly Prior
Lauren Schwab
Rachel Kirpes, Allie Lundberg
Nathan Schwab
Kelsey Knief

KAPPA KAPPA PSI and TAU BETA SIGMA OFFICERS

KKΨ
President            Kara Bader
Vice-President       Patrick Determan
Treasurer            Matt Blaser
Secretary            Christina Goeddle
Historian            Ashley Kohagen
Alumni Relations     Kelsey Knief
Finance              Kimbra Bader
Publications         Rachel Hansen

ΤΒΣ
President            Nathan Tendick
Vice-President       Sam Johnson
Treasurer            Philip Kuhlman
Secretary            Brittany Grosskopf
Historian            Bridget Hogan
Alumni Relations     Curtis Ullerich
Ways & Means         Colton Bidlack
Public Relations     Adam Lichty
Cyclone Marching Band (Music 114A)

With an annual membership exceeding 300 members, the Cyclone Marching Band (ISUCF"V"MB) is a musical organization that meets during the fall semester for the duration of the football season. Membership is determined by auditions and available openings.

The Cyclone Marching Band performs at all home football games, select out-of-town games, and appears regularly on regional and national television. The Cyclone Marching Band also performs for pep rallies, exhibition performances at area marching competitions, and for the annual "Band Extravaganza" concert.

The Cyclone Marching Band rehearses Monday through Friday from 4:30 – 5:50 p.m. and on home-game Saturdays prior to the game. Drumline and Guard members have additional sectionals each week. Members receive one graded semester hour of credit during the fall semester. Enrollment in the course is required of all band members.

Cyclone Pep Bands (Music 114B)

The Volleyball Pep Band is comprised of marching band members, and performs at selected home volleyball matches in the fall. Membership is based on audition. There is no registration/credit offered for volleyball band; students receive payment for participation.

The Cyclone Basketball Pep Bands perform at men's and women's home basketball games and travel with the teams to select out-of-town post-season tournaments. Both the men's and women's basketball pep bands are selected by audition from interested members of the marching band. The basketball bands begin rehearsing in the fall semester, and rehearse on Tuesdays from 6:00 – 7:00 p.m. during the spring semester (class conflicts are not permitted). Members receive one graded semester hour of credit during the spring semester. A separate syllabus detailing grading and attendance policies will be provided to pep band members.

Directors/Staff

Dr. Michael Golemo - Director of Bands and Chair, Department of Music

Michael Golemo is the Chair of the Music Department and Director of Bands at Iowa State University. In addition to his administrative duties, he conducts the Wind Ensemble, the top concert band at Iowa State. A native of Chicago, he received his Bachelor of Music Education and Master of Music degrees from Northwestern University where he studied conducting with John P. Paynter and saxophone with Frederick Hemke. He completed his doctorate in wind conducting at Michigan State University under Kenneth Bloomquist and John Whitwell. Dr. Golemo previously served as Assistant Director of Bands at The University of Akron (OH), and prior to that as Director of Bands at Albion College (MI).
Dr. Golemo is an active guest conductor and adjudicator, the director of the Ames Municipal Band, and an annual guest conductor of the Mount Prospect (IL) Community Band. He holds memberships in the College Band Directors National Association, the National Band Association, Iowa Bandmasters Association, Pi Kappa Lambda Music Honorary, Phi Kappa Phi Academic Honorary, Phi Mu Alpha Sinfonia, Phi Beta Mu Bandmasters, and is an honorary member of the Cardinal Key Honor Society and both Tau Beta Sigma and Kappa Kappa Psi. In 2007, Dr. Golemo was elected to membership in the prestigious American Bandmasters Association.

Dr. Golemo is a past National President (1999-2001) of Kappa Kappa Psi Honorary Band Fraternity and served on their Board of Trustees. He is the Iowa state chair for the National Band Association, the College Band Directors National Association, and is a past President of the Big XII Band Directors Association.

Mr. Steven Smyth - Associate Director of Bands

Steven Smyth is the Associate Director of Bands at Iowa State University. In this capacity he directs the Cyclone Marching Band (ISUCF’V’MB), Symphonic Band, Men’s Basketball Band, as well as teaching Marching Band Methods. Mr. Smyth is a proud alumnus of Iowa State University where he earned his Bachelors Degree in Music Education. He also holds a Masters Degree in Wind Conducting Performance and Pedagogy from Oklahoma State University where he studied with Dr. Joseph Missal and is currently pursuing his DMA in Conducting at the University of Kansas with Dr. Paul Popiel.

Mr. Smyth previously served as Associate Director of Bands at the University of Central Arkansas where he directed all athletic bands, Symphonic Band, Jazz Ensemble 2, and Ursus Aura Chamber winds. Mr. Smyth is also a drill designer and arranger for iMarch Productions. A native of Marshalltown, Mr. Smyth taught in the public schools of Iowa for several years beginning at Lenox High School and then Dowling Catholic High School.

Mr. Smyth is an active conductor and clinician throughout the United States, Europe and Japan. He holds memberships in College Band Directors National Association, Iowa Band Masters Association, Phi Mu Alpha and holds honorary memberships in both Tau Beta Sigma and Kappa Kappa Psi.

Dr. Erik Richards – Assistant Director of Bands

Erik W. Richards is the Assistant Director of Bands at Iowa State University. In this capacity, Dr. Richards directs the Iowa State University Concert Band Campus Band, the Women's Basketball Pep Band, assists with the Cyclone Marching Band, and supervises student teachers. He received his Bachelor of Science in Music Education from Indiana University of Pennsylvania, his Master's of Music degree from Virginia Commonwealth University, and his Ph.D. in Music Education and Instrumental Conducting, with a Certificate in College Teaching, from The Florida State University. While at Florida State, Dr. Richards served as an assistant conductor for the Florida State University Symphonic Band, Concert Band, Campus Band, and as a graduate assistant for the Marching Chiefs. Additionally, he taught undergraduate and graduate courses in music education, instrumental methods, and instrumental conducting.

Prior to his appointment at Iowa State, Dr. Richards served as Director of Bands at Thomas A. Edison High School with the Fairfax County Public Schools in Alexandria, VA. His research interests include the development of effective music teaching characteristics, instrumental music pedagogy, and wind band literature. He has presented research at the Pennsylvania State University Thompson Symposium and has
been published in Contributions to Music Education. Dr. Richards is also active as a guest clinician/conductor and has appeared throughout the Mid-Atlantic region and the state of Florida.

Mr. Scott Szurek – Drumline Instructor

Scott’s hometown is Blaine, MN where he attended Spring Lake Park High School. Scott started at ISU in the fall of 2000 where he performed his first field show and continued with the band every fall through 2004. While pursuing an Electrical Engineering degree in college, Scott was also involved with GROOVE drumline club, Chops Inc. drum and bugle corps ('01), and Colts drum and bugle corps ('02, '03). After college, he has stayed active in the music activity by teaching at a variety of local high schools, ISUCF”V”MB drumline, Colts drum and bugle corps, and Gateway Indoor. In his professional life, Scott spends his time as an Engineering Project Manager for Emerson Process Management in Marshalltown, IA.

Jennifer Sobotka – Guard Instructor

Jennifer Sobotka is entering her 6th year working with the Iowa State Color Guard. She is a graduate of ISU with a Bachelor of Science degree in History. Jennifer is currently in her 15th year at Roland-Story High School in Story City Iowa. Color Guards under Jennifer’s instruction have received numerous outstanding guard awards, first place overall placements in parades, and finished in the top 5 since 2005 at the Iowa Dance and Drill Team Championships, including 2nd place finishes 2007-2011. Along with Color Guard Jennifer is an assistant childcare teacher at Ames Community Preschool Center.

Student Leadership Positions

Student Staff

The responsibilities of the student staff generally include: assisting with the band’s preparation, including marching fundamentals, drill cleaning, and music; serving as a staff member in meetings; and assisting with the organizational duties (i.e. equipment, travel, attendance). This position requires additional time before and after all rehearsals and performances. Attendance at all meetings, rehearsals, and performances is mandatory. The directors interview selected applicants for staff positions during the spring semester. Prior leadership experience in the band is highly desired. Final decisions are made by the directors based on the strength of the application, past experience and performance in band, and expectation of future performance as a staff member. A stipend is provided for these positions.

Drum Majors

Drum majors are the highly visible field leaders of the marching band. The position of drum major carries multiple responsibilities, including teaching marching fundamentals, conducting, and providing a positive leadership example for the entire marching band. Drum majors are selected at the end of the fall season, beginning with an interview with directors. Selected finalists are invited to audition (marching, conducting and teaching) in front of the entire band. Final decisions are made by the directors based on the strength of the audition, past experience and performance in band, recommendations by the band members, and expectation of future performance as a drum major.

Section Leaders

Section leaders are primarily responsible for the musical development of their respective sections, usually by teaching sectionals. This requires a high and consistent performance level on their individual instrument. Of equal importance, however, is the ability to reinforce and improve the musical learning of
the members within a section through error detection and problem solving. Section leaders must have the ability to communicate positively and effectively with their sections. At times, the section leader may also serve as a liaison between the section and the directors. The band staff determines section leaders in the spring based on application, past performance, and evaluations/recommendations by the section members.

**Drill Guides**

Drill Guides serve as an integral part of the band leadership. Guides must be exceptional marchers and good musicians. Responsible for the performance of individual ranks, guides must work together to effectively teach fundamentals, reinforce music learning, clean drill, and serve as positive teaching models. The band staff selects guides in the spring based on application, past performance, and evaluations/recommendations by the section members.

**SECTION 2: ATTENDANCE, GRADING AND PARTICIPATION GUIDELINES**

Monday through Friday, the Cyclone Marching Band rehearsals begin promptly at 4:30 p.m. and end promptly at 5:50 p.m. For attendance purposes, students are expected to be in formation at 4:30 p.m. with instrument, music, charts, pencils, and any other required equipment. Attendance will also be taken at the beginning of Saturday morning rehearsals, prior to the Saturday “step show” at the Alumni Center and prior to any bus departure trip.

**Attendance and Grading**

Grades for Music 114A are attendance-based. The following grades may be assigned: A, B, C, D, and F. Members are expected to be at all rehearsals and performances.

1. Each student is allowed 140 minutes (two rehearsals) of pre-excused absence time. No documentation is necessary for absence time equal to or less than 140 minutes.
2. Final grades will be calculated based upon the following:
   a. Less than or equal to 140 minutes = A
   b. 140.1 minutes to 15 minutes = B
   c. 15.1 minutes to 30 minutes = C
   d. 30.1 minutes to 45 minutes = D
   e. 45.1+ = F
3. Missed time may be “worked off” at the ratio of 1 to 2 (one minute of absence = two minutes of make up time). Students are encouraged to check our ISUCF’V’MB Attendance Program frequently throughout the fall semester. Time missed before mid-term must be worked off by the midterm grade submission date (see university calendar). Time missed after midterm must be made up BEFORE finals week. Absence time is considered permanent after the posted deadline has passed.
4. Any arrival past 30 minutes is considered an absence. Any unexcused absence from a performance will result in an immediate dismissal from the band and a failing grade.
5. Returning band members are allowed to have up to 2 absences per week due to class conflicts. First-year members are allowed to have 1 class conflict absence per week. These absences are considered excused. Excused absence petitions can be found on the members section of our website. Documentation will be required.
Participation Guidelines

**Personal Conduct**

The Cyclone Marching Band is a source of pride for thousands of ISU students, faculty, alumni, and fans. Each member of the Cyclone Marching Band should bear this in mind at all times, especially when representing the band. **The actions of individuals reflect on the group as a whole**, especially when those actions are irresponsible. Therefore, appropriate behavior and a positive attitude are expected of all members at all times. Failure to comply with these expectations may result in suspension or dismissal from the marching band.

While wearing the band uniform, Cyclone Marching Band members represent Iowa State University to both live and television audiences. **Individual band members should make every effort to exhibit model, professional behavior when in uniform.** It is particularly important to maintain professional behavior during periods of high emotion.

**Travel**

While traveling with the band, members are expected to exhibit professional behavior and self-control at all times during the trip. Members should show respect for everyone with whom we come in contact. Should a band member damage any property through inappropriate conduct, he or she will be responsible for all repair or replacement costs. Excessive noise and failure to observe curfews are expressly forbidden. The possession and use of alcohol or illegal drugs is prohibited at all rehearsals, performances and other official gatherings, including at any time during a band trip.

Band members who do not follow these policies (and leaders who fail to report problems to the staff) will be subject to significant consequences, including removal from leadership positions or dismissal from the ensemble.

**Discrimination**

In accordance with University policy, the Cyclone Marching Band maintains equal opportunity for all individuals. Mutual respect of all members is an expectation of everyone. Any demonstration of demeaning behavior toward others, whether subtle or overt, is unacceptable. Iowa State University prohibits discrimination, including disparate treatment directed toward an individual or group based on race, ethnicity, sex, pregnancy, color, religion, national origin, physical or mental disability, age (40 and over), marital status, sexual orientation, gender identity, status as a U.S. Veteran (disabled, Vietnam, or other), or other protected class, that adversely affects their employment or education. Iowa State University also prohibits harassment, which can be a form of discrimination if it is unwelcome and is sufficiently severe or pervasive so as to substantially interfere with a person's work or education.

Additional information regarding the ISU policies on discrimination and harassment may be found at [www.policy.iastate.edu/policy/discrimination](http://www.policy.iastate.edu/policy/discrimination).

*Dr. Golemo, Mr. Smyth, Dr. Richards, Mr. Szurek and Ms. Sobotka are available should any student wish to address concerns regarding the above policy.*
Accommodations

Students who require additional assistance due to a disability should address any special needs or special accommodations with Mr. Smyth at the beginning of the semester or as soon as they become aware. Those seeking accommodations based on disabilities should obtain a Student Academic Accommodation Request (SAAR) from the Disability Resources (DR) office (515-294-6624). DR is located in Room 1076 of the Student Services Building.

Game-Day Seating

Each instrument section is provided with a specific seating location in the stadium. Friends, guests, and alumni are not allowed to sit within the band seating area. Band members should remain in their assigned seating location throughout the game, with the exception of restroom use, etc.

Rehearsal Materials

With the high quantity of music performed during the season, band members must make a special effort to have their music organized for all rehearsals and performances. **Flip folders are required at all times, especially in the stands.**

Each student will receive a coordinate sheet and all Guides will receive a drill chart. Students are expected to have their positions marked on their music prior to rehearsals. If a member fails to be prepared, the entire performance will be negatively affected. **Consistent failure to prepare for rehearsals may result in removal from the performing block for halftime and/or pregame.** The following materials must be brought to each rehearsal:

All members are required to have their bummer (nail bag) with nametag at all weekday rehearsals. Members will receive their bummers during band camp.

Members are required to have a container for water that can be carried (water bottle with strap, camelback etc.) at all rehearsals when the temperature is above 80 degrees.

Pencils and three drill chips (red, white, and gold) in the pocket of your bummer. These will be provided for you. If you lose these, please inquire with a student staff member for replacement.

**Five (5) attendance minutes will be deducted for each item not present in rehearsal.**
Game Day

Detailed game day notes and schedules will be e-mailed to the entire band during the week of the game. Below is a sample game day schedule. There will often be adjustments.

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Guard rehearsal</td>
<td>4hr 30min prior to kick</td>
<td>Bergstrom Indoor Facility</td>
</tr>
<tr>
<td>Full band rehearsal</td>
<td>4hr prior to kick</td>
<td>Bergstrom Indoor Facility</td>
</tr>
<tr>
<td>Game Day Meal</td>
<td>2hr 45min to Kick</td>
<td>Bergstrom Indoor Facility</td>
</tr>
<tr>
<td>Spirit Walk</td>
<td>2hr to Kick</td>
<td>South Fourth Street</td>
</tr>
<tr>
<td>Tailgating Bands</td>
<td>1hr 40 min to Kick</td>
<td>Jack Trice Stadium</td>
</tr>
<tr>
<td>Alumni “Step Show”</td>
<td>80 min to Kick</td>
<td>Steps of Alumni Center</td>
</tr>
<tr>
<td>Step off to stadium</td>
<td>1hr to Kick</td>
<td>Steps of Alumni Center</td>
</tr>
<tr>
<td>Pregame Show</td>
<td>30min to Kick</td>
<td>Jack Trice Stadium</td>
</tr>
</tbody>
</table>

Kickoff - GO CYCLONES

SECTION 3: UNIFORMS AND UNIVERSITY INSTRUMENTS

The Cyclone Marching Band is “the Pride of Iowa State,” and band members in uniform are representatives of one of the top universities in the nation. The uniform is one of the most expensive garments members will ever wear. To keep the uniform in top shape, proper care must be maintained.

Band members are expected to keep their uniforms clean, pressed and neat. The Music Department will clean the uniforms at the end of the season, but the individual members are responsible for all other necessary cleaning.

- The uniform should be worn in its entirety at all times (fully buttoned and zipped), unless otherwise directed.
- The shako must be stored in the plastic bag provided when it is not being worn during games. It must remain in the shako box at all other times.
- Tall black socks are to be worn.
- Shoes must be clean and polished
- Gloves must be clean and free of holes.
- Hair should be off the collar at all times in uniform; ponytails are permissible while playing in the stands without a shako.
- Hair ribbons and bands are permissible within reason, and should be limited to natural hair color, cardinal, gold, black or white.
- No watches or bracelets (except for medical bracelets).
- No sunglasses while on the field. If you wear prescription glasses that transition to sunglasses, please inform the director.
- Visible jewelry will be limited to one stud-style earring in the lobe of each ear (no nose or tongue jewelry).
- ISU facial tattoos are permissible, one per face only. Only official designs (“I-State” and the “punching” CY) are allowed.
- The official band member t-shirt must be worn under the uniform at all times.
- Absolutely no cell phone use while in uniform (including text and camera use). Exceptions may be made for family emergencies under prior approval from Mr. Smyth.
- Camera use is permissible, however not at any time while the band is performing on the field, stands, or parades. This includes while serving as an alternate.
• NEW! Only Brass and Silver colored horns are to be used in performance. Colored horns and plastic horns are not allowed to be used on the field.
• Members are strongly encouraged to refrain from any bright hair coloring during the fall. We strive to have a very uniform look in the stands and colors other than natural hair colors can distract from the visual impact of the band in the stands.

The directors or the uniform manager(s) may make additional policy decisions regarding uniform appearance at their discretion.

**Periodic Uniform Cleaning**

Band members are required to clean their uniforms two or three times throughout the season. There are various dry cleaners in Ames, and Kappa Kappa Psi and Tau Beta Sigma will provide delivery service to an area cleaner on at least one occasion. Typical cleaning fees range from $10.00 to $15.00 for a complete uniform. Be sure to remove items such as gloves and music from the coat and pants pockets since the cleaner will not return them. Do not take the hanger or collar liner to the cleaner. NEVER put your uniform in the washing machine! This will destroy your uniform.

The yellow portion of the uniform will stain easily. **If the uniform becomes stained**, please tell the cleaner what and where the stain is. They are typically able to remove a stain if they know this information before cleaning. **Important: don't ever rub a stain**; this just stresses the fabric. Also, don't lie down in the uniform and be sure to avoid mud, as it is one of the hardest stains to remove.

**Wet Uniforms**

The uniform should be aired and dried on the wishbone hanger (supplied with the uniform) after each wearing. When the uniform is wet, hang the uniform parts separately on wishbone hangers in a well-ventilated area. When completely dry, the uniform should be dry-cleaned. Once the uniform is dry, it may be stored in the garment bag provided; be sure to use the hanger provided. **Do not place a wet uniform or raincoat in the clothes dryer or in a garment bag.**

**Accidental Damage**

The marching band staff is well aware that accidents will happen which may result in damage to the uniform. Should this occur, do not hesitate in reporting the damage to the uniform manager so that the problem may be rectified.

At any time, should any defects or fit problems be encountered, bring the problem to the attention of the uniform manager as soon as possible. The uniform manager will make every attempt to resolve the problem before the next performance. Please allow plenty of time for the repair or replacement of the uniform. **Saturday morning dress rehearsal is not** the time to repair a major flaw in your uniform.

**Return of Band Uniforms and Equipment**

All uniforms issued to Cyclone Marching Band members will be returned at the conclusion of the season at a designated time. Failure to do so will result in an assessment to the member's university account for the appropriate amount, and an incomplete grade given for the class. If any part of the uniform is returned late, a **non-refundable $25.00 fee** will be charged to the student’s U-Bill. If the uniform (or parts thereof) is still not returned in a timely manner, an additional non-refundable $50 will be assessed at
the end of each month from February through March. Failure to return a uniform by May 1 will result in the assigned late fees plus the full replacement cost of all uniform parts.

In the event that uniform parts are lost or need damaged through negligence, the costs listed below will be charged to that member's university account.

<table>
<thead>
<tr>
<th>Item</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coat</td>
<td>$175.00</td>
</tr>
<tr>
<td>Pants</td>
<td>100.00</td>
</tr>
<tr>
<td>Shako</td>
<td>85.00</td>
</tr>
<tr>
<td>Plume</td>
<td>20.00</td>
</tr>
<tr>
<td>Plume tube</td>
<td>2.00</td>
</tr>
<tr>
<td>Shako Box</td>
<td>10.00</td>
</tr>
<tr>
<td>Tuba Hat</td>
<td>20.00</td>
</tr>
<tr>
<td>Spats</td>
<td>20.00</td>
</tr>
<tr>
<td>Raincoat</td>
<td>85.00</td>
</tr>
<tr>
<td>Garment Bag</td>
<td>12.00</td>
</tr>
<tr>
<td>Hanger</td>
<td>5.00</td>
</tr>
<tr>
<td>Plume tube</td>
<td>2.00</td>
</tr>
<tr>
<td>Guard Tunic</td>
<td>160.00</td>
</tr>
<tr>
<td>Flags</td>
<td>50.00</td>
</tr>
<tr>
<td>Each Flag Pole</td>
<td>15.00</td>
</tr>
</tbody>
</table>

**BAND UNIFORMS WILL NOT BE ACCEPTED BY ANY DIRECTORS OR SECRETARIAL/ADMINISTRATIVE STAFF. THEY MUST BE TURNED IN TO THE UNIFORM MANAGER. PLEASE BE RESPECTFUL OF THEIR TIME, AND FOLLOW INSTRUCTIONS AND DEADLINES ACCORDINGLY.**

**Additional Fees**

During uniform issuance, additional items (e.g. gloves, Drillmasters) can be purchased on your U-Bill at announced prices. In addition, a $40.00 uniform fee will be charged to your U-Bill.

**University Instruments**

In most cases, the Band Department will provide an instrument for those band members (including colorguard and drumline members) who do not own their own instruments. A rental fee of $25.00 per semester is charged to that member’s university account. Instruments are expected to be returned in the same condition issued, assuming normal wear. If the instrument is returned late, a $25.00 fee will be charged to the student’s university account. The member will be required to replace parts or accessories of the instrument that are broken or lost. The member will be responsible for the instrument at all times; if it is lost or stolen, the individual will reimburse the University for the replacement cost. When not in use, instruments must be kept in their cases.
SECTION 4: MARCHING FUNDAMENTALS

**Position of Relaxation**
- main focus should always be to make your body a facilitator for a great sound
- body should be confident without tension (completely relaxed) - shoulders are relaxed
- heels and toes together
- knees should not be locked
- chin should be at an angle to maximize air flow
- chest should be expanded (like a bear hug)
- body alignment should be connected by these five points to make a straight line: ankles, knees, hips, shoulders, and the top of the head
- balls of your feet should be in the middle of the yard line
- center your body weight over the balls of your feet so that there is no weight on your heels (like looking over the Grand Canyon)
- free hand should be at a fist with the thumb resting to the side of the fist

**Horns Up/Down**
- motion is as quick as possible yet precise (exception for the slow horns up)
- after horns hit on the up or down motion, there should be an immediate relaxation to avoid tension in the upper body, but body will still be at the attention position

**Mark Time (low/glide-style)**
- feet will be parallel to each other
- weight of body must be on the ball of the foot, not the heel.
- to initiate the mark time, the heel will rise and left knee will pop on the “and” of the beat, and touch the ground on the downbeats (left on odd, right on even)
- heels raise three inches, toes stay on the ground
- movement should happen quickly, heels should spend more time on the ground than in the air.
- upper body posture is the same as the position of attention

**High Step**
- thigh position at top is parallel to the ground
- toe is pointing down, not flat
- the bottom half of the leg is perpendicular to the ground
- maintain upper body posture; do not sway or bend
- think of keeping the ball of the foot as a spring, keep light
- maintain a straight path of direction

**Forward March (Glide Step)**
- upper body and instrument remain in the position of attention
- weight is slightly forward
- to initiate movement, “push” with the right ball of your foot to propel your body weight forward on the upbeat preceding your move.
- on count one of your move your left heel should extend from the hip and make contact with the ground.
- toes should always point upward as high as possible during the forward march - calf muscles should feel a slight pull. When done correctly, the foot will form a curved shape that you will “roll through”.

• during the roll, the weight distribution should be centered as much as possible, do not roll on the outside of the feet
• ankles will cross on the upbeats.
• the heel of the foot in motion should stay as low to the ground as possible when moving forward - no bicycle motion
• the feet stay parallel; there is no crossing over of the feet or a motion of tight rope walking

**Backward March**
• upper body and instrument remain in the position of attention
• on the upbeat before the move you should push your weight forward just like the forward march, the difference is that both heels will come of the ground and you will be balanced on the balls of your feet.
• the first step should be straight back in a full 22 ½ inch step. The left ball of your foot should never leave the ground and should instead brush the ground as you step.
• your legs should extend straight back, not in an arc that creates excess motion and bouncing.
• stay level during the move - avoid dipping the body down or raising up on the toes.
• on slower tempos, it is extremely important to keep the steps and motion smooth, continuous, and even - avoid jerky, rushed movement
• the weight should always be forward on the balls of your feet..don’t lean back

**Slides**
• shoulders should be square to the point of reference - especially the lead shoulder
• pivot the upper body at the waist - the waist should almost be at a 45 degree angle
• horns and upper body should look similar to the position of attention
• try to avoid tension in the upper body
• the most important part of unity in sliding is keeping horns at the correct forward position (as if at attention)
• always stretch before attempting slides and continuously work on dexterity
SECTION 5: HISTORY, TRADITIONS AND SCHOOL SONGS

History

1881 Earliest recorded evidence of a concert band at Iowa State; a newspaper article discussed the reorganization of the “College Band.”
1886 First noted evidence of a drum major along with a marching band at Iowa State College.
1928 The marching band competes in a band contest held in conjunction with the Drake Relays in Des Moines.
1936 The band makes its first appearance at an away football game.
1941 Director Alvin Edgar first institutes “floating” formations.
1947 The marching band is included in “Pigskin Pageants,” a college-produced color and sound motion picture.
1951 First documented evidence of a basketball pep band at Iowa State.
1953 Iowa State College hosts its first “Band Day” held at a home football game. Also, Mason City native Meredith Willson, of The Music Man fame, composes For I, For S, which is first sung at the Kansas State football game. The song is still performed as part of the traditional pregame show.
1971 The concert band program is expanded to include two concert bands. There is also the first evidence of a jazz band at ISU.
1972 Women are officially permitted to join the marching band at Iowa State. This is part of the national movement for college bands throughout the United States. Women had previously participated in the band in stationary performances as early as 1928 as majorettes and as bell players during World War II.
1973 Noted composer and arranger Jerry Bilik arranges a new version of the ISU Fanfare.
1976 The ISU Marching Band performs for President Gerald Ford. Trumpet great Maynard Ferguson performed with the band during a halftime show. Also, the first Cyclone Honor Band Festival is held for talented Iowa high school band students.
1978 The “V” is introduced, and a new acronym is born: the ISUCF“V”MB!
1980 The first Alumni Band is formed and performs at Homecoming. The band program holds its first Band Extravaganza, involving an indoor concert by the marching band, Wind Ensemble, and Jazz Ensemble I.
1991 The marching band is the first college band to perform the new Pepsi jingle by music legend Ray Charles.
1994 The Iota Omega chapter of Kappa Kappa Psi and the Theta Xi chapter of Tau Beta Sigma are founded at ISU.
1995 The marching band wins the “Coach Contest” and the band records the theme song to the television show “Coach.” It also appears in the shows opening credits.
2000 The band performs in London as part of the millennium New Year’s celebration.
2005 The Alumni Band celebrates its 25th Anniversary, with 300 alumni joining the ISUCF“V”MB at halftime of the Oklahoma State game to perform the 1812 Overture, complete with cannons. In addition, former directors and assistant directors joined in the celebration, including Will Rapp, Roger Cichy, Martin Province, Dan Phillips, and Dustin Seifert.
## Directors

<table>
<thead>
<tr>
<th>Directors of Bands</th>
<th>Marching Band Directors</th>
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<tbody>
<tr>
<td>1912–1913</td>
<td>Prior to 1972, the marching band was typically under the leadership of the Director of Bands.</td>
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<tr>
<td>C.L. Monhenke</td>
<td>1972–1983 James McKinney</td>
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<td>Jaffrey C. Lewis</td>
<td>1986–1995 Roger Cichy</td>
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<tr>
<td>Edward Schenhettel</td>
<td>1996–2002 Martin Province</td>
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<tr>
<td>Oscar Hatch Hawley</td>
<td>2010–2011 Natalie Steele</td>
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<tr>
<td>1936–1947</td>
<td>2011–Present Steven Smyth</td>
</tr>
<tr>
<td>Alvin R. Edgar</td>
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<tr>
<td>1948–1967</td>
<td></td>
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<tr>
<td>Frank Piersol</td>
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<tr>
<td>1968–1972</td>
<td></td>
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<tr>
<td>Acton Ostling, Jr.</td>
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<tr>
<td>1973–1980</td>
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<tr>
<td>Jimmie Howard Reynolds</td>
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<tr>
<td>1980–1998</td>
<td></td>
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<tr>
<td>Joseph Christensen</td>
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<tr>
<td>1999–Present</td>
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<tr>
<td>Michael Golemo</td>
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</tbody>
</table>

## Iowa State Songs

**Iowa State Fights**

_O we will fight, fight, fight for Iowa State,_  
_And may her colors ever fly._  
_Yes, we will fight with might for Iowa State,_  
_With a will to do or die, Rah! Rah! Rah!_  
_Loyal sons forever true,_  
_And we will fight the battle through._  
_And when we hit that line we’ll hit it hard ev'ry yard for I.S.U._

**The Bells of Iowa State**

_Green hills for thy throne, and for crown a golden melody._  
_Ringing in the hearts of all who bring thee love and loyalty;_  
_Dear Alma Mater, make our spirits great,_  
_True, and valiant like the bells of I-o-wa State._

**For “I,” For “S”**

_For “I,” For “S”, forever, for Iowa State all the way,_  
_Let's go! To show them what the gang’s all here for,_  
_Go! To show them how the Cyclones cheer,_  
_For “I”, For “S”, forever, for Iowa State do it right!_  
_It’s time to climb up on the vict’ry wagon,_  
_Fight! Iowa State, Fight! Fight!_
The Bells of Iowa State
for instruments in "C"
piccolo, trombone, baritone BC, tuba

James C. Wilson

Soprano

Green hills for thy throne, and for crown a golden melody, ringing in the hearts of all who bring thee love and

Alto

Green hills for thy throne, and for crown a golden melody, ringing in the hearts of all who bring thee love and

Baritone

Green hills for thy throne, and for crown a golden melody, ringing in the hearts of all who bring thee love and

Bass

Green hills for thy throne, and for crown a golden melody, ringing in the hearts of all who bring thee love and

loyalty Dear Alma Mater make our spirit great, True and valiant like the bells of Iowa State!
ADDENDUM

Objectives:

Each student enrolled in the Iowa State University Marching Band will, upon completion of the course, demonstrate the following competencies:

A. Understand the role of the marching band as viewed in the eyes of the educational and local community by performing at home football games, parades, local high school band contests, and, in small groups, at campus events.

B. Evaluate his or her own performance (individual or group), as well as critically evaluate the performances of other groups by viewing other groups at halftime or reviewing video of their own performances.

C. Demonstrate individual responsibility and the ability to work cooperatively towards the completion of a goal by attending 95% of scheduled rehearsals and performances.

D. Demonstrate an understanding of marching fundamentals by consistently demonstrating outstanding posture and horn carriage, the ability to read a drill chart/coordinate sheet, and the ability to move in close coordination with others between drill sets using correct marching technique.

E. Demonstrate an understanding of marching band performance practice by performing, at a high level, on a variety of wind, percussion, or colorguard equipment using appropriate technique as defined.

F. Memorize music for performance with 85% accuracy.